

This list provides a guide to some of the most common objects containing latex and offers some alternatives. It is not meant to be a comprehensive listing. **Manufacturers are not required to label home and community products which contain natural rubber.** ALWAYS CHECK THE PRODUCTS PACKAGING. If in doubt regarding the safety of an item, call the manufacturer.

Frequently contains LATEX	LATEX-Safe Alternatives
School/Office/Art supplies: paints, glue, erasers, fabric paints, grips for writing utensils, duct tape	Elmers (School Glue, Glue-All, GluColors, Carpenters Wood Glue, Sno-Drift paste) FaberCastel erasers, Crayola (except stamps, erasers), Liquitex paints, DickBlick tempera, acrylic paints and soap erasers, Play-Doh, Pro-Craft, Clic Eraser, Pentel erasers, pens, and pencils, 3M Post-it Notes, Staedtler Mars Plastic Eraser, masking tape, STATtape, Dixon/Ticonderoga Company (Erasers, Wooden Pencils and Art Supplies)
Balloons	Mylar balloons, Mister Balloon, plastic balloons
Balls: Koosh balls, tennis balls, bowling balls, ball pits	PVC (Hedstrom Sports Ball), Nerf Foam Balls, Gertie Balls, Googlie Imperial Toys, AMF Bowling balls
Carpet backing, gym floor, gym mats	Broadloom carpets contain no NRL. For other products, provide barrier cloth or mat.
Chewing gum	Bubblicious, Trident (Warner-Lambert), Wrigley gums (check new products), Bazooka gum, Bubble Yum, Ice Breakers gum
Clothes: liquid appliques on tee-shirts, elastic on socks, underwear, sneakers, sandals	Cloth-covered elastic, neoprene (Decent Exposures, NOLATEX Industries), Buster Brown elastic-free socks (Vermont Country Store)
Condoms, contraceptive sponges, diaphragm	Polyurethane (Avanti), female condom (Reality), Wideseal Silicone Diaphragms (Milex), Trojan Supra Condom, FemCaps
Costumes: masks, face paint, nail polish, etc.	Check all products
CPR manikins and medical training aids	Most Laerdal products
Crutches: tips, axillary pads, hand grips	Cover with cloth or tape
Dental dams, cups, bands, root canal material, orthodontic rubber bands	PURO/M27 intraoral elastics (Midwest Orthodontic), wire springs, sealant (Delton) dams (Meer Dental, Hygenic Corp), John O Butler, Earloop masks (Richmond)
Diapers, incontinence pads, rubber pants	Huggies, First Quality, Gold Seal, Tranquility, Always, Attends, Drypers Diapers (not training pants), Confidence (Paper-Pak), Pampers, Luvs, Seventh Generation Diapers
Feeding nipples	Silicone, vinyl (selected Gerber, Evenflo, MAM, Ross, Mead Johnson)
Food handled with latex gloves	Synthetic gloves for food handling
Handles on racquets, tools, bicycles	Vinyl, leather handles or cover with cloth or tape
Kitchen cleaning gloves	PVC MYPLEX (Magla), cotton liners (Allerderm)
Mattress / pressure relief	Check each one for latex content
Miscellaneous items	Some medical stickers by MediBadge, UAL, Cushie Tushie Potty Seat, Bumbo Seat, Water Pik shower head and hose
Newsprint, ads, coupons, lottery scratch tickets	None
Pacifiers	Soothies (Children's Med Ventures), selected Binky, Gerber, Infa, Kip, MAM
Paints, sealants, stains, etc.	There is NO NATURAL RUBBER in latex paint, though it may be present in some waterproof paints and sealants
Playpits, playground surfaces	Natural rubber latex may be a component of surfaces, Boundless Playgrounds
Rubber bands, bungee cords	Plasti bands
Toothbrushes / infant massager	Soft bristle brush or cloth, Gerber/NUK, all Oral B products
Toys: Stretch Armstrong, old Barbies	Jurassic Park figures (Kenner), 1993 Barbie, Disney dolls (Mattel), many toys by Fisher Price, Little Tikes, Playschool, Discovery, Trolls (Norfin), Silly-putty

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Water toys and equipment: beach thongs, masks, bathing suits, caps, scuba gear, goggles	PVC, plastic, nylon, Suits Me Swimwear
Wheelchair cushions	Jay, ROHO cushions, Sof Care bed/chair cushions (Gaymar)
Wheelchair tires	Recommend using leather gloves
Zippered plastic storage bags	Waxed paper, plain plastic bags, Ziploc bags, Glad Press N' Seal

### Associated Allergies

Foods include: banana, avocado, chestnut, kiwi, pear. Plants include: Poinsettia and milk weed pods.

### About These Lists

These lists are offered by the Latex Committee of the Nursing and Healthcare Professionals Council of the Spina Bifida Association as a guideline to individuals, families, and professionals. It is updated annually.

The information contained in these lists is constantly changing as manufacturers improve their products and as we learn more about latex allergy.

**PLEASE NOTE:** The latex content of products may vary between companies and product series. Companies that offer “alternatives” may ALSO make many LATEX products. We recommend that you check with suppliers before exposing individuals with latex allergies to the product.

**REMEMBER:** Always check the label—even if the product is on this list. If a product has recently replaced latex, many institutions will continue to use the old stock before they replace it with the new.

### For More Information

For the most current version of this list, visit the SBA Web site at [www.spinabifidaassociation.org](http://www.spinabifidaassociation.org).

### Online Resources

*Spina Bifida Association*  
[www.spinabifidaassociation.org](http://www.spinabifidaassociation.org)

*American Latex Allergy Association/ALERT*  
[www.latexallergyresources.org](http://www.latexallergyresources.org)

*Type I Versus Type IV Allergic Reactions: How do they Differ?*  
[www.latexallergyresources.org/Newsletter/newsletterArticle.cfm?NewsletterID=16](http://www.latexallergyresources.org/Newsletter/newsletterArticle.cfm?NewsletterID=16)

*Centers for Disease Control and Prevention—latex in vaccine packaging*  
[www.cdc.gov/vaccines/pubs/pinkbook/downloads/appendices/B/latex-table.pdf](http://www.cdc.gov/vaccines/pubs/pinkbook/downloads/appendices/B/latex-table.pdf)

*Decent Exposures*  
(latex free undergarments)  
1-800-524-4949  
[www.decentexposures.com](http://www.decentexposures.com)

*OSHA*  
[www.osha.gov/SLTC/latexallergy](http://www.osha.gov/SLTC/latexallergy)

*American College of Allergy, Asthma & Immunology*  
[www.acaai.org](http://www.acaai.org)

*Center for Disease Control Latex in Vaccine Packaging*  
[www.cdc.gov/vaccines/pubs/pinkbook/downloads/appendices/B/latex-table.pdf](http://www.cdc.gov/vaccines/pubs/pinkbook/downloads/appendices/B/latex-table.pdf)