Spina Bifida Clinic
Kessler Institute for Rehabilitation

What you need to know...
Jeremiah Nieves, MD
Objectives:

• Who?
• What?
• When?
• Where?
• Why?
• Multidisciplinary team approach
  – Neurosurgeon: Catherine Mazzola, MD
  – Physiatrist: Jeremiah Nieves, MD
  – SCI fellows: Michelle Didesch, MD
                Ryan Solinsky, MD
  – SBRN Nurse: Barbara Dombroff, RN
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- Spinal dysraphism
- Surgical repair
- Scoliosis
- Hydrocephalus
- Ventricular shunt
- Chiari malformation
- Neurogenic bowel/ bladder
- Paraparesis
- Tetraparesis
- Hip subluxation/ dislocation
- Equipment/ supply issues

- Lower extrem contractures
- Skin: pressure injuries
- Osteoporosis
- Obesity
- Impaired ambulation
- Impaired transfers
- Impaired self care skills
- Education
- Vocation
- Motor vehicle driving
- Independent living
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• 1 or 2 Tuesday afternoons/month – 1pm start
• Primary care issue → PMD
• Neurosurgical issue → Dr. Mazzola
• Physiatry issue → Dr. Nieves
• Urological issue → Dr. Linsenmeyer
• Equipment issue → Wheelchair clinic
  Brace clinic
  Private vendors
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Kessler Institute for Rehabilitation

• Kessler Institute for Rehabilitation
  1199 Pleasant Valley Way
  West Orange, NJ 07052
  (973)731-3600

• Ask for “OUTPATIENT MEDICAL SERVICES”

• Outpatient Entrance (first parking lot on right)

• Notify security if assistance needed to enter
ENTRANCE
Pleasant Valley Way
TURN RIGHT
North Pavilion
OUTPATIENT EXAM ROOMS
MAIN ENTRANCE
(you went too far up the hill...)
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• Initial visit usually around 1 hr
  – Initial intake form to be filled out prior to visit
  – Imaging/ imaging reports
  – Medication list
  – Equipment/ supply vendor list

• Follow-up visits usually around 30 min
  – F/U frequency based on acuity of issues