

Spina Bifida Clinic

Kessler Institute for Rehabilitation

What you need to know...

Jeremiah Nieves, MD



Objectives:

- Who?
- What?
- When?
- Where?
- Why?



Spina Bifida Clinic

Kessler Institute for Rehabilitation

- Multidisciplinary team approach
 - **Neurosurgeon:** Catherine Mazzola, MD
 - **Physiatrist:** Jeremiah Nieves, MD
 - **SCI fellows:** Michelle Didesch, MD
Ryan Solinsky, MD
 - **SBRN Nurse:** Barbara Dombroff, RN



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- Spinal dysraphism
- Surgical repair
- Scoliosis
- Hydrocephalus
- Ventricular shunt
- Chiari malformation
- Neurogenic bowel/ bladder
- Paraparesis
- Tetraparesis
- Hip subluxation/ disolcation
- Equipment/ supply issues
- Lower extrem contractures
- Skin: pressure injuries
- Osteoporosis
- Obesity
- Impaired ambulation
- Impaired transfers
- Impaired self care skills
- Education
- Vocation
- Motor vehicle driving
- Independent living

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- 1 or 2 Tuesday afternoons/month – 1pm start
- Primary care issue → PMD
- Neurosurgical issue → Dr. Mazzola
- Physiatry issue → Dr. Nieves
- Urological issue → Dr. Linsenmeyer
- Equipment issue → Wheelchair clinic
Brace clinic
Private vendors



Spina Bifida Clinic

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- **Kessler Institute for Rehabilitation**

1199 Pleasant Valley Way

West Orange, NJ 07052

(973)731-3600



- Ask for “OUTPATIENT MEDICAL SERVICES”
- Outpatient Entrance (first parking lot on right)
- Notify security if assistance needed to enter

ENTRANCE

Pleasant Valley Way



OUTPATIENT ENTRANCE



OUTPATIENT ENTRANCE



TURN RIGHT North Pavilion



OUTPATIENT MEDICAL SUITE



OUTPATIENT EXAM ROOMS



MAIN ENTRANCE

(you went too far up the hill...)



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- Initial visit usually around 1 hr
 - Initial intake form to be filled out prior to visit
 - Imaging/ imaging reports
 - Medication list
 - Equipment/ supply vendor list
- Follow-up visits usually around 30 min
 - F/U frequency based on acuity of issues

